



3-ON-3 VOLLEYBALL LEAGUE PHILOSOPHY

The Fargo Basketball Academy offers the opportunity for your player(s) to develop volleyball skills in a fun, low-stress environment through our 3-on-3 league. We encourage healthy competition in which kids play hard, but still maintain good sportsmanship.

Each game will have a FBA court monitor that will help with the flow of the game, assist the players with the facilitation of the rules and offer occasional instruction during the game. Therefore, this league is **NOT** adult or parent coached. We will not be keeping score, nor will overall records be kept. We want the athletes to play and work together as a team. This will benefit players in the long run as they will develop confidence and individual leadership skills without all the stress and structure. The smaller team size (we recommend 4-5 players) increases opportunities for each player through basic fundamental team play.

3-ON-3 VOLLEYBALL LEAGUE INFORMATION

You are responsible for forming your own 3-on-3 league team. We suggest 4-5 players per team to ensure that at least 3 players show up for the scheduled games.

Our league for girls in grades 7/8 runs for a total of 4 weeks. The league will run from September 16 – October 7. Final schedules will be sent out on or before Wednesday, September 9. Games will be played on Wednesday afternoons at either 1:00 | 2:15 | 3:15. Each team will be scheduled for a one hour session each Wednesday. During that hour, they will play a total of 4 10-minute games.

Cost: \$200 per team. Price includes a t-shirt for each registered participant. Registration deadline will be Monday, September 7 or when the division reaches the 9 team capacity.

3-ON-3 VOLLEYBALL LEAGUE RULES

- A rock/paper/scissors contest will be used to determine who serves first.
- Each game will be timed for 10 minutes.
- Substitutions will be a part of the serving rotation.
- The FBA court monitor is the game official. Players on the team that is “off” will serve as line judges.
- The serving line will be modified to allow for a shorter serve to get the ball in play.
- No score will be kept during the game and therefore no scores will be reported, nor overall records kept.
- At the end of the game, it is good sportsmanship to shake hands with your opponents.
- Please help keep the facility clean. Pick up your water bottles and any other garbage at the end of the game.